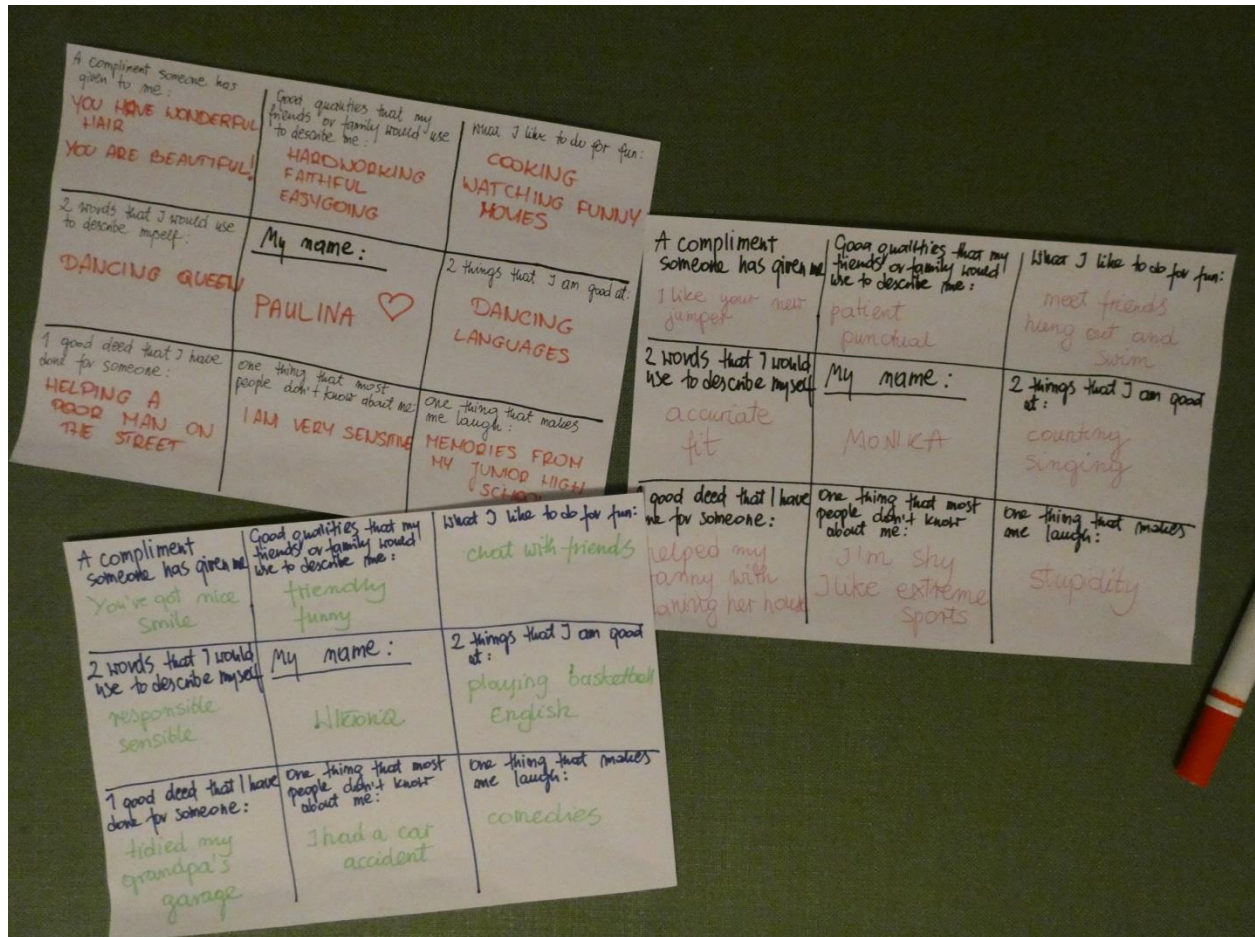


Self-esteem

Purpose - to find out personal strengths and weaknesses.

Students fill in the grid and then mix the cards. Every student gets the information about somebody else from the group. Next students read the self-esteem form to others. Students try to guess who the information is about. **Students get to know each other better, learn their strong and weak points.**



Students realise their qualities and the fact that they are good people.